

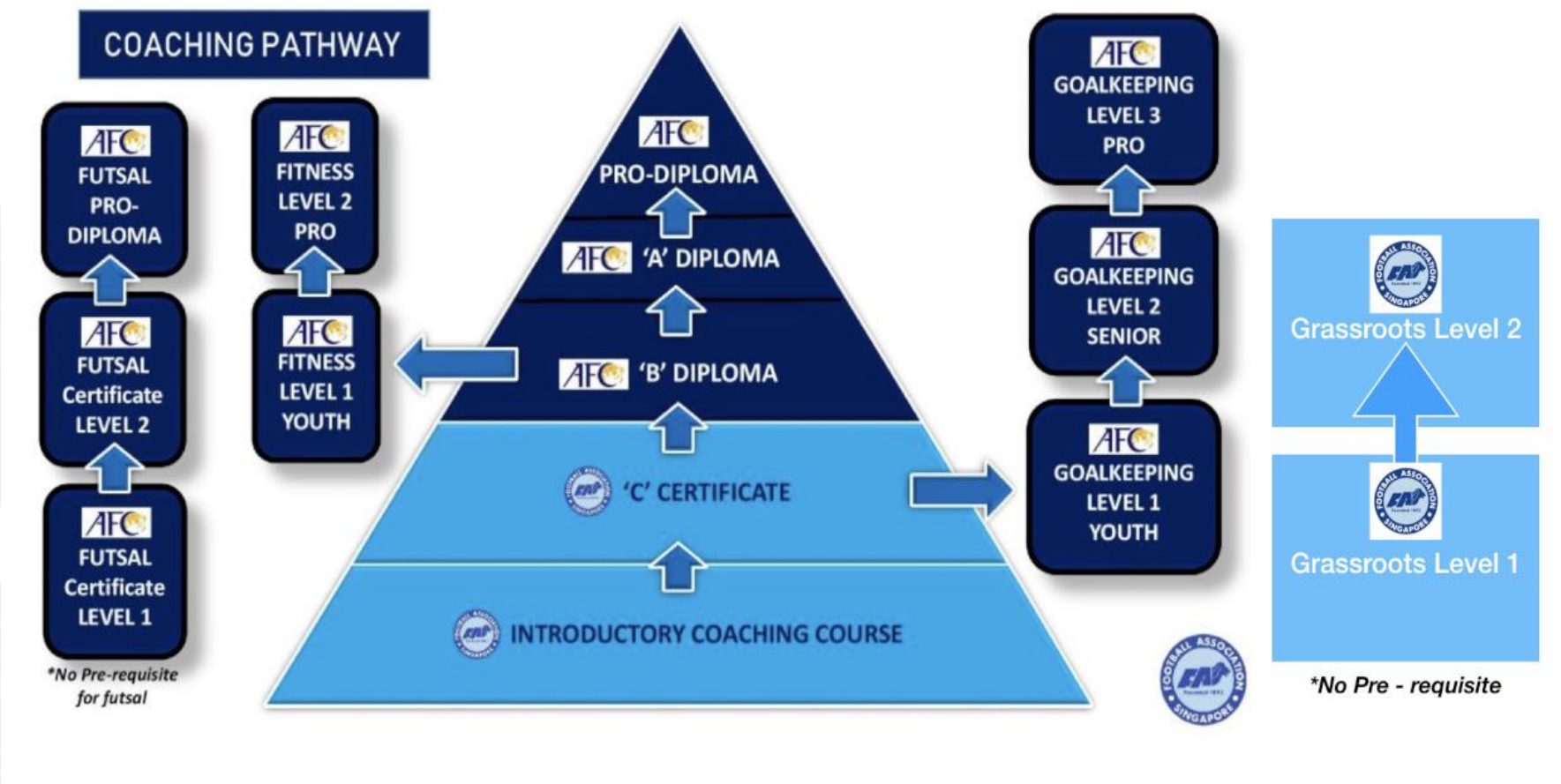


# COACH EDUCATION AND DEVELOPMENT

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COACHING COURSES  
"CONNECT AND ENGAGE"

# COACHING PATHWAY



## WHO ARE YOU COACHING?

| <b>Courses</b>                      | <b>Age Category</b>  | <b>Duration</b>  |
|-------------------------------------|--|--|
| FAS Grassroots Coaching Course      | Committed to educate and develop young players aged 6 – 9 years                            | 1 weekends (2 days), 8 hours daily + 16 hours of attachment in an ActiveSG Academy (AFA) |
| FAS Introductory Coaching Course    | Introductory coaching course that prepares you for the FAS 'C' Coaching Certificate Course | 4 days, 8 hours daily  |
| FAS 'C' Certificate Coaching Course | Committed to develop and coach young players aged 10 -13 years                             | 10 days, 8 hours daily   |
| AFC/FAS 'B' Diploma                 | Committed to develop and coach young players aged 14 -16 years                             | 18 days, 8 hours daily   |
| AFC/FAS 'A' Diploma                 | Committed to coach elite youth aged 17- 18 years   | 24 days, 8 hours daily   |

# ENTRY CRITERIA

## FAS INTRODUCTORY COACHING COURSE

- Playing experience
- Committed to develop and coach young players (10-13 years old)
- Physically fit and medically certified
- Full course attendance
- Proficiency in English
- At least 18 years of age

# ENTRY CRITERIA

FAS 'C' CERTIFICATE (FROM 1<sup>ST</sup> JAN 2020)

- Playing and/or prior coaching experience
- Committed to develop and coach young players (10-13 years old)
- FAS 'Introductory' Course
- Physically fit and medically certified
- Full course attendance
- Proficiency in English
- At least 18 years of age

# ENTRY CRITERIA

## AFC-FAS 'B' DIPLOMA (FROM 1<sup>ST</sup> JAN 2019)

- FAS 'C' Coaching Certification
- Committed to develop and coach young players (14-16 years old)
- Show evidence of coaching experience at the relevant level (min 10-13 years old)
  - 2 consecutive years of at least 60 coaching hours each (Log book, testimonials, appointment contract)
- Physically fit and medically certified
- Full course attendance
- Proficiency in English

# ENTRY CRITERIA

## AFC 'A' DIPLOMA (FROM 1<sup>ST</sup> JAN 2019)

- AFC – FAS 'B' Coaching Diploma
- Show evidence of coaching experience at the relevant level (min 14-16 years old)
  - 1 year of at least 80 coaching hours each (Log book, testimonials, appointment contract)
- Committed to coach elite youth (17 – 18 years old)
- Physically fit and medically certified
- Full course attendance
- Proficiency in English